



## **BILLINGS OVULATION METHOD™ SEMINAR**

### **Natural Fertility Management**

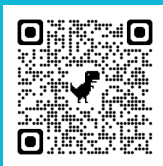
### **Auckland 12 & 13th July 2025**

The Billings Method™ teaches accurate, evidence-based, scientific self-knowledge about human fertility. It does not depend on regular cycles, thermometers, kits, drugs or devices. The Method empowers couples to take control of their fertility to avoid or achieve pregnancy. It enables women to monitor their reproductive health and general well-being throughout the menstrual cycle.

This seminar will benefit Health Professionals interested in women's health and fertility, those wishing to become accredited Billings Teachers, and those using or considering using the Method. The seminar will also interest those involved in pre-marriage counselling.

Health professionals will better understand the ovarian, cervical and vaginal responses, their relationship to fertile and infertile patterns and ovarian dysfunction. They will gain confidence in relying on the woman's charted observations to monitor her reproductive health and assist a couple in achieving or avoiding pregnancy.

The "**Billings Ovulation Method™: Natural Fertility Seminar**" activity has been endorsed by The Royal New Zealand College of General Practitioners (RNZCGP) and has been approved for up to **27 CME** credits for Continuing Professional Development (CPD) purposes. Credits are for active Fellows of the College only.



To register, use the QR code

For further details

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[www.billingslife.org.nz](http://www.billingslife.org.nz)