



# CONVERSATION IN THE SPIRIT

OF  
CATHOLIC DIOCESE  
BISHOP'S PASTORAL OFFICE  
OF CHRISTCHURCH

*Listening together  
to the Holy Spirit*



*A simple process of prayerful listening  
and discernment as we seek to hear  
what the Spirit is saying to our Church*



Preparation



Introductions  
& orientation



Prayer



Round 1: *'What would I like to say'*



Round 2: *'What I heard from others'*



Round 3: *'What themes are emerging'*



Conclusion



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## PREPARATION

- Allow 1.5 hours for the process
- Form small groups and introduce one another (6-9 people)



## PRAYER

Begin with prayer using an appropriate Scripture (eg this Sunday's gospel).

### Round 1: *'What would I like to say'*

- There is no discussion in this round. Simply listen deeply and attend to how the Holy Spirit is moving within oneself.
- Each shares one at a time (2-3mins each) their prayerful reflection on the question.

### Round 2: *'What I heard from another'*

- Pause for prayerful silence.
- The facilitator asks each participant to share what struck them most in the first round that someone else has shared. It is important in this round that people don't reiterate their own idea or introduce any new ideas. It is simply sharing what was heard from Round 1.
- Listen without interrupting or entering discussion.

### Round 3: *'What themes are emerging'*

- Pause for prayerful silence.
- Participants reflect on 2-3 themes that seem to be resonating.
- Some dialogue now occurs, while the same spiritual attentiveness and respect is maintained.
- Have the note taker write up these themes.



## CONCLUSION

Take some time to reflect on the experience.



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